



ORTMAN
CHIROPRACTIC CLINIC

Spring Newsletter 2020

*Schedule your
appointment today!
(605) 296-3431*

Ortman Technique Found Only in Canistota, South Dakota

People often say that things aren't like they used to be. They say that the air, the food, and even people have changed, and not for the better. They may well be right about those things, but one thing that hasn't changed is the way the Ortman Clinic heals its patients. For 105 years the Ortman Technique has been used exclusively by the doctors of the Ortman Clinic to treat people from all across our country and even from around the world. "If it isn't broke, don't fix it" holds true at the Ortman Clinic. Your treatments today are the same as you'd have received from Dr. Amon in 1915. This is because he passed his trademark technique down generation after generation to ensure this healing art continues in Canistota. Four generations later and the technique is still helping people live pain free. When you combine a century of tradition, a time tested technique, and chiropractors with doctorate degrees from accredited universities, you get chiropractic care that cannot be found anywhere else in the world. That's right, anywhere in the WORLD!



According to the South Dakota Chiropractors Association, Doctors of Chiropractic have 4,425 hours of education and Medical Doctors have 4,248 hours.

Patient Appreciation Ice Cream Socials



We will now be hosting patient appreciation ice cream socials for our patients that come out and visit us for the week. We will be hosting them from 4 pm-5 pm on the following dates:

June 2nd

July 7th

August 4th

September 8th

Come out and get to know the doctors and staff while you are visiting. Ice cream, as well as some games will be provided!



HEALTH TALK ON THE ROAD



JOIN US SATURDAY, APRIL 25 FOR NOT ONE,
BUT TWO HEALTH TALKS!

- 10:30 AM AT ORA LEHMAN'S RESIDENCE (16260 CO RD 18, GOSHEN, IN 46528) WITH REFRESHMENTS AND POPCORN TO FOLLOW. FOR MORE INFORMATION, CONTACT LAVERN LEHMAN AT (574) 848-2626 EXT. 1.
- 3 PM AT LEVI HOSTETLER'S RESIDENCE (1105 NORTH 100 WEST, LAGRANGE, IN 46761) WITH REFRESHMENTS FOLLOWING.

WE HOPE TO SEE YOU THERE!

This talk is for new and current patients who would like to know more about the clinic!

Lypo-Spheric Vitamin C
It is still cold and flu season, stock up on your Vitamin C!
Liposomal C

Congratulating Dr. Doug on his retirement

Dr. Doug retired as of December 20, 2019. Dr. Doug began his practice at the Ortman Clinic in August of 1976. Dr. Amon Ortman (the founder of the clinic and Dr. Doug's grandfather), Dr. Herbert Ortman (father), Dr. Wayne Ortman (brother), Dr. Jay (nephew) and Dr. Derrick (son) have all been a part of the family practice at the clinic. We thank Dr. Doug for his years of service and know he will be missed by his patients and all of us here at the clinic. Yet, we are happy that he can travel, stay active and spend time with his family and 15 grandchildren, (so far).

A special note to Dr. Doug's patients: Please do not hesitate to select another doctor at the Ortman Clinic to continue your care. All of us here at the Ortman Clinic are dedicated to using the Ortman Technique as our primary source of providing care to our patients. So, while your doctor may be different, the quality and type of care you receive will be the same.

Dr. Doug, thank you for your service to the clinic and providing care to our patients, furthering the mission of the Ortman Clinic. You will be missed.



The Doctors and Staff of the Ortman Clinic

DID YOU KNOW?

You can get your blood drawn at the Ortman Clinic!

We can test for the following:

- Vitamin D
- Cholesterol
- Thyroid Function
- And so many more! Discuss with your doctor.



Calendar of Events

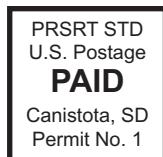
April 10	Ortman Clinic Closes at 10am	July 9-11	Canistota Sport Days Canistota, SD
April 22-25	Kingswood Rummages Sioux Falls, SD	July 25	SD Chislic Festival Freeman, SD
May 3	Historic Prairie Village Opens Madison, SD	August 7-16	Sturgis Motorcycle Rally, Sturgis, SD
May 15-17	SD Free Fishing Weekend	July 31-Aug 8	Sioux Empire Fair Sioux Falls, SD
June 19-20	Czech Days, Tabor, SD	August 17-20	Turner County Fair Parker, SD
July 3	Ortman Clinic Closes at 10:00am	August 21-23	Riverboat Days Yankton, SD
July 10-26	Laura Ingalls Wilder Pageant, DeSmet, SD		



We appreciate your smiling positive attitude that warms our office and hearts every day. Julie, you are truly one of a kind. Thank you for your hard work and dedication all these years!



PO BOX 157 CANISTOTA, SD 57012



Great Referrer Hall of Fame

Remember how you felt when you walked through our door? Maybe you were at your wits end, tired of seeking answers to a health problem that wouldn't go away. Maybe you believed you would never feel good again.

Using the Ortman Technique, our doctors help return proper nervous system function to promote natural healing. We have received countless testimonials from patients throughout the 100 years who returned to their desired health.

Our doctors have successfully treated a wide variety of conditions originating in the spine, joints, and surrounding muscles and nerves. Conditions we have treated include back and neck pain, migraines, sciatica, pinched nerves and fibromyalgia - to name a few. Patients usually report relief from pain within a few days of their treatment. Specific conditions may require physiotherapies, supportive services or co-management with your medical doctor.

Do you have friends or family who might benefit from our treatments? The greatest gift you can give to them - and us - is the gift of referral. Tell them about your experience and ask them to give us a call. They will receive the same quality and focused care you have experienced.



ORTMAN
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(605) 296-3431 or (605) 215-5028
www.ortmandclinic.com

Business Hours:

Monday.....	8:00 AM - 4:00 PM
Tuesday.....	8:00 AM - 4:00 PM
Wednesday.....	8:00 AM - 4:00 PM
Thursday.....	8:00 AM - 6:30 PM
Friday.....	8:00 AM - 3:00 PM
Saturday.....	CLOSED
Sunday.....	CLOSED

Holiday Hours:

Open until 10:00 AM every weekday holiday; closed on Christmas Day.



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