



Fall Newsletter 2019

Schedule your appointment today
605-296-3431

Need a place to stay while in town getting treatments?

Available in Fall 2019!

The Dutch Inn



Located in the heart of Canistota, South Dakota, The Dutch Inn provides a cozy atmosphere where you can relax, play games, enjoy the outdoors and take a short walk to the Ortman Clinic! We are certain you will enjoy the comforts of our once family home. Sitting on the front porch swing you can sip sun tea while watching patients come and go from the clinic or enjoy the private back deck surrounded by vegetables and beautiful flowers.

With a background in event planning and hospitality I will strive to provide our guests with just enough privacy while ensuring availability if you need assistance.

My husband, Dr. Nathan, grew up running through the hallways of this home with his brothers. As adults we've been honored to spend holidays singing around the piano and listen to our children run through the halls. When Nathan's parents decided to downsize, we knew this home would be the perfect place to host other families. There are 3 bedrooms, 2 baths and a full kitchen available to you.

This home has love in its bones and we are so honored to share it with you!

Dr. Nathan and Jessica Ligtenberg
605.321.7854
Coming fall of 2019



CAMERON INN



Bridget Ortman has been the face of the Cameron Inn for 16 years. She is very proud to run a family owned business and continues to work hard to provide a great place to call home to all our patients. To book your next stay call **(605) 254-6001**.

Ortman Hotel



The Ortman Hotel now has the 4th floor family suites open again. This is ideal for larger families that need extra room and a full kitchen.

To make reservations please call **(605) 296-3131** between 7:00 a.m. to 7:00 p.m. Monday-Thursday and Friday from 7:00 a.m. to 2:00 p.m.

DON'T FORGET ABOUT THE PRAIRIE COACH BUS!

**FALL AND WINTER ROUTES ARE COMING SOON!
CALL TODAY TO RESERVE YOUR SPOT (605) 428-4777.**



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| 7 | September 21, 2019 | Mount Eaton, OH; Applecreek, OH; Wooster, OH; Mansfield, OH; Upper Sandusky, OH; Fort Wayne, IN; Topeka, IN; and Nappanee, IN | September 27, 2019 | \$270.82 |
| 8 | September 28, 2019 | Middlebury, IN; Shipshewana, IN; LaGrange, IN; Topeka, IN; Ligonier, IN, Nappanee, IN; and Tampico, IL | October 4, 2019 | \$213.38 |
| 9 | October 5, 2019 | Arthur, IL; Sullivan, IL; Canton, MO; Milton, IA; and Bloomfield, IA | October 11, 2019 | \$200.60 |
| 10 | October 12, 2019 | Gladwin, MI; Clare, MI; Alma, MI; Hastings, MI; Charlotte, MI; Shipshewana, IN; and Tampico, IL | October 18, 2019 | \$270.15 |
| 11 | November 30, 2019 | Hamilton, MO; Jamesport, MO; Spickard, MO; Modena, MO; Bethany, MO; and Lamoni, IA | December 6, 2019 | \$112.36 |
| 12 | December 7, 2019 | Russellville, KY; Hopkinsville, KY; Marion, KY; Mt. Vernon, IL; Sullivan, IL; and Arthur, IL | December 13, 2019 | \$267.18 |

DOT Physicals and Drug and Alcohol Testing Now Available!!!



Congratulations Dr. Derrick for becoming a Certified Medical Examiner!!! He is now able to perform DOT physicals.



In addition to DOT physicals, Ortman Clinic now offers DOT and Non-DOT drug and alcohol testing for any facility.

For more information regarding these services, please call the clinic at (605)296-3431.

Check out our new Dynamic Detox and other supplements on our website!

www.ortmanclinic.com

NOTICE! Vitamin Orders

On your vitamin order you will notice many of our products have a new label and a new name. The product and ingredients will be the same or even improved. Some are at a reduced price. We will be sending these "new" label products on any new order. We just wanted to let you know to avoid some confusion and phone calls wondering why they look different.

Meet Bridget Kayser



Bridget has been part of the Ortman Clinic team since 2018. Her favorite part of the clinic is getting to know all the patients that come through the clinic from day to day.

She is a Chiropractic Assistant (CA) and her responsibilities include greeting patients, exams, therapies, lab work, and x-rays. In her spare time she likes to spend time with her daughter, playing with her dog, reading, and going on new adventures with friends and family. She lives in Canistota with her partner, Billy, and their daughter Davina (1).



A special thank you to our Amish patients that helped clean up after the huge wind storm that came Saturday, July 13th. There were numerous trees down, damage to houses and roads blocked. Your help was very much appreciated!

Congratulations Alyssa!



Alyssa celebrated her 5 year anniversary with us at the Ortman Clinic.

Thank You Hazleton, IA



A special thank you to our Hazleton, IA friends for all the amazing hospitality, fun and support at the Hazleton School Driving Horse Sale.

If you would like to have one of our Health Talks come to your area, please contact Emily at (605) 296-3431.

Calendar of Events

| | |
|---------------|---|
| Aug 29-Sept 2 | SD State Fair, Huron, SD |
| Sept 2 | Labor Day – Ortman Clinic Closes at 10:00am |
| Oct 16 | Annual United Church Turkey Supper |
| Oct 19 | SD Pheasant Season Opens |
| Nov 8 & 9 | Sioux Empire Arts & Craft Show Sioux Falls, SD |
| Nov 28 | Thanksgiving Day Ortman Clinic Closes at 10:00am |
| Nov 29 | Parade of Lights, Sioux Falls, SD |
| Dec 24 | Christmas Eve – Ortman Clinic Closes at 10:00am |
| Dec 25 | Christmas Day Ortman Clinic is CLOSED |



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Great Referrer *Hall of Fame*

Remember how you felt when you walked through our door? Maybe you were at your wits end, tired of seeking answers to a health problem that wouldn't go away. Maybe you believed you would never feel good again.

Using the Ortman Technique, our doctors help return proper nervous system function to promote natural healing. We have received countless testimonials from patients throughout the last 100 years who returned to their desired health.

Our doctors have successfully treated a wide variety of conditions originating in the spine, joints and surrounding muscles and nerves. Conditions we have treated include back and neck pain, migraines, sciatica, pinched nerves and fibromyalgia — to name a few. Patients usually report relief from pain within a few days of their treatment. Specific conditions may require physiotherapies, supportive services or co-management with your medical doctor.

Do you have friends or family who might benefit from our treatments? The greatest gift you can give to them — and us — is the gift of referral. Tell them about your experience and ask them to give us a call. They will receive the same quality and focused care you have experienced.



BUSINESS HOURS:

| | |
|----------------|-------------------|
| Monday..... | 8:00 AM - 4:00 PM |
| Tuesday..... | 8:00 AM - 4:00 PM |
| Wednesday..... | 8:00 AM - 4:00 PM |
| Thursday..... | 8:00 AM - 4:00 PM |
| Friday..... | 8:00 AM - 3:00 PM |
| Saturday..... | Closed |
| Sunday..... | Closed |

LATE NIGHT HOURS:

Open until 6:30 PM every first, third and fifth Thursday of the month.

HOLIDAY HOURS:

Open until 10:00 AM every weekday holiday; closed on Christmas.

